IDPH Proposes Rules on Use of Psychotropic Medications in Long Term Care Facilities!

IDPH recently proposed amendments to "Skilled Nursing and Intermediate Care Facilities Code" (77 Ill Adm Code 300; 35 Ill Reg 9927), "Sheltered Care Facilities Code" (77 Ill Adm Code 330; 35 Ill Reg 9957), and "Illinois Veterans’ Homes Code" (77 Ill Adm Code 340; 35 Ill Reg 9979) that implement comprehensive long-term care reform provisions of Public Act 96-1372. Amendments to all 3 Parts address the use of psychotropic medications (medication that is used for antipsychotic, antidepressant, antimanic, or antianxiety behavior modification or management) in the treatment of residents.

Covered topics include:
- examinations of residents before such medication is prescribed,
- informed consent by a resident or his or her legally authorized representative,
- treatment in emergencies, and
- documentation and review of residents under treatment.

Amendments to Part 300 also reflect the statutory update of the methodology for computing direct-care, staff-to-resident ratios for 2010-2014. The rulemaking specifies that direct-care staff includes registered nurses; licensed practical nurses; certified nurse assistants; psychiatric services rehabilitation aides; rehabilitation and therapy aides; psychiatric services rehabilitation coordinators; assistant directors of nursing; the director of nurses; the social services director; and licensed physical, occupational, speech, and respiratory therapists. Those affected by these rulemakings include owners or operators of veterans’ homes, sheltered care facilities, and skilled nursing facilities. You may access the rules, in their entirety by clicking here. The proposed rules begin on page 9927.

If you have any questions regarding the proposed rule, please contact Cathy Nelson at 630.325.6170. LSN will provide more detailed information about the proposed rules in next week’s edition of its newsletter. Members are encouraged and advised to read the proposed rules, discuss internally how the rule changes might impact facility staff and residents and submit comments to IDPH within the 45 day comment period.

New CMS Reporting Requirement for Long-Term Care Facilities

Last week, CMS issued a memorandum announcing immediate implementation of a law requiring reporting of reasonable suspicion of a crime in Long-Term Care Facilities (LTCF). Established by the Affordable Care Act, LTCF’s that receive at least $10,000 in Federal funds are expected to report to the State Survey Agency and at least one local law enforcement entity “any reasonable suspicion of a crime,” as defined by local law, committed against an individual who is a resident of, or is receiving care from the facility.

The statute requires that covered individuals report on a timely basis, any reasonable suspicion of a crime against a resident. A “covered individual” is defined as each individual who is an owner, operator, employee, manager, agent, or contractor of such LTC facility. Time periods for the reporting of a reasonable suspicion of a crime depend on the seriousness of the event. CMS offers the following as guidance for reporting requirements:

- Serious Bodily Injury – 2 Hour Limit: If the events that cause the reasonable suspicion result in serious bodily injury to a resident, the covered individual shall report the suspicion immediately, but not later than 2 hours after forming the suspicion;
- All Others – Within 24 Hours: If the events that cause the reasonable suspicion do not result in serious bodily injury to a resident, the covered individual shall report the suspicion not later than 24 hours after forming the suspicion.

Long Term Care Facilities expected to comply with this new requirement are encouraged to read the memorandum in its entirety. The memorandum may be retrieved by clicking here. Life Services Network contacted the Illinois Department of Public Health and Rick Dees stated for the time being, facilities who are reporting any reasonable suspicion of a crime, should use the same procedure outlined for incident/accident reporting in Section 300.690 (c) of the Illinois Administrative Code for Skilled Nursing Facilities. That rule may be retrieved by clicking here. Comments or questions on this requirement should be directed to Cathy Nelson.

Clarification on SNF Resident Background Checks
Recently, staff at LSN learned of a surveyor offering guidance on the timeframe in which resident background checks may be completed which conflicted with language from the rule. We sought clarification from IDPH staff in Springfield and what follows is a summary of their response.

The rules and regulations specifically call for resident background checks to be initiated within 24 hours of admission. The background check may be initiated prior to admission if the resident is in the hospital. The background check may be initiated by the hospital, but they are not required to do so. Also, anytime the resident is ‘discharged’ and not institutionalized, a new background needs to be done.

If at any time, a surveyor offers guidance that deviates from established rules and regulations, please be sure to call or email either Cathy Nelson or Jason Speaks so we may follow-up with supervisory staff in Springfield.

Feeding Assistant Training Template
Many of you are aware that Life Services Network has an IDPH approved Paid Feeding Assistant Training Program it is able to share with members. A reminder, however, that should you wish to use this training program, no changes may be made to curriculum, policy or procedure content. The Department approves the program as written by LSN, so no changes should be made unless prompted to do so within the template. Please do not hesitate to email or call Cathy Nelson with your questions.

HFS Issues Supportive Living Facility Informational Notice
Last week, HFS released an informational notice to “ensure Supportive Living Facilities (SLF’s) understand the processes relating to preadmission screens and conversion screens”. The informational notice may be accessed in its entirety by clicking here.

HUD Clarifies Social Security Income Source Discrepancies
The Multifamily Housing Rental Housing Integrity Improvement Project (RHIIIP) has received requests for further clarification to prior messages distributed on how to calculate Social Security income and/or Medicare when the amounts in the EIV system differ from the amounts represented on the SSA Award Letter. Specifically, which document do you use when the Social Security Award Letter indicates a “cents” amount being received and the EIV Income Report does not.

Housing Notice 2010-10 states the Income Report identifying the Social Security benefit information in EIV must be used as third party verification of the tenant’s income and will be used to calculate the tenant’s income. Additionally, the O/A must confirm with the tenant that the current benefit amount in EIV is correct. If the tenant agrees that the Social Security benefit information reported in EIV is correct, the O/A must use the gross benefit amount reported in EIV for calculating the tenant’s income by annualizing the gross benefit
amount projected forward for the next 12 months. This requirement allows the O/A to use the amount represented in EIV (even if no cents are included) to calculate income. Social Security Award Letters are not required to be viewed or included in the tenant’s file if the EIV Income Report is being used to verify and calculate benefits.

The SSA award letter should be used to calculate income and included in the tenant’s file only if the tenant disputes the amount(s) on the EIV Income Report. Having the SSA Award Letter in the file is not in itself an indication that the tenant disputes the amount(s) on the EIV Income Report. The O/A should make a note on the EIV Income Report that the tenant disputes the amount and then use the Social Security Award Letter to calculate income. The award letter must not be older than 120 days. Please refer to Notice H 2010-10 for instructions when the tenant does not have his/her Social Security Award Letter or when the letter is older than 120 days.

**Labor Board Proposes New Rules to Establish Quickie Union Elections**

The National Labor Relations Board (NLRB) is proposing sweeping new rules that will dramatically reduce the time frame for union elections in the workplace. Typically, union elections are held within 45-60 days after a union has obtained the necessary signatures to file a petition. Though not specified, the new rules could cut that time by days or even weeks. The new rules will also have the effect of significantly limiting the time businesses can counter union organizing campaigns.

In the notice of proposed rulemaking the majority of the NLRB, who were appointed by President Obama, claim that the proposed amendments (rules) will:

- Allow for electronic filing of election petitions and other documents.
- Ensure that employees, employers and unions receive and exchange timely information they need to understand and participate in the representation case process.
- Standardize timeframes for parties to resolve or litigate issues before and after elections.
- Require parties to identify issues and describe evidence soon after an election petition is filed to facilitate resolution and eliminate unnecessary litigation.
- Defer litigation of most voter eligibility issues until after the election.
- Require employers to provide a final voter list in electronic form soon after the scheduling of an election, including voters’ telephone numbers and email addresses when available.
- Consolidate all election-related appeals to the Board into a single post-election appeals process and thereby eliminate delay in holding elections currently attributable to the possibility of pre-election appeals.
- Make Board review of post-election decisions discretionary rather than mandatory.

Board Member Brian Hayes, the Board’s lone Republican dissented from the proposed rulemaking, stating among other arguments that less than 10 percent of elections involve pre-election issues.

The Assisted Living Federation of America (ALFA) is dedicating resources to fight initiatives by organized labor, the NLRB and U.S. Department of Labor that compromise employee and employer rights. ALFA will be filing comments to these latest proposed rules on behalf of ALFA members. ALFA will also host a webinar on this and other labor issues that have significant importance to the senior living industry in July.

ALFA members may download the [Labor Unions and Senior Living Tool kit](#) free of charge. This valuable information is also available to non-members for $99.
**LSN Members Host Legislative Visits in Norridge and Decatur!**

LSN members continue to show legislators, firsthand, what quality care and services in action looks like through the Partners in Quality campaign. Recently LSN members in Norridge and Decatur hosted their legislators for the more highly successful visits aimed at educating and building relationships.

Mr. Charles Newton, Executive Director of Central Baptist Village in Norridge, and staff recently hosted State Senator John Mulroe (D-10 District; Chicago). A leader for LSN, Mr. Newton knows the importance of establishing and maintaining relationships with legislators. Jean Elliott represented LSN during the visit. Also in attendance for the visit was Ms. Judith Dunn Bernardi, Norridge’s Village Clerk. She also serves on the Board for Central Baptist Village.

During the visit, the Senator got a great tour of the community, which provided Mr. Newton the opportunity to show off his quality community as well as informally discuss important issues affecting the LSN membership. The visit included a presentation of the Partners in Quality Award, presented to Senator Mulroe for his commitment to advancing quality in older adult services.

![Pictured Above (left to right): Ms. Judith Dunn Bernardi, Norridge’s Village Clerk and member of the Central Baptist Village Board of Directors, Mr. Charles Newton, Executive Director of Central Baptist Village, State Senator John Mulroe and Jean Elliott of LSN.]

Another LSN member also recently hosted a successful legislative visit with State Representative Bill Mitchell (R-87 District; Decatur). It is the second visit this month Rep. Mitchell has had with an LSN member in his district and he has also requested visited a third in July.

The recent visit from Rep. Mitchell was held at Fair Havens Christian Home in Decatur. Ms. Pam Rosenkranz, Administrator of Fair Havens Christian Home, and staff did a great job with this visit. Ms. Laurie Brown and Mr. David Steele, leadership from Christian Homes, Inc. also attended the visit and were instrumental in making it a success. Jason Speaks represented LSN during the visit and local media also attended and provided coverage in the newspaper that is circulated throughout the area.

The visit included a tour that gave the representative a chance to meet and speak with several residents and staff. Through meeting with LSN members in his district, the representative has a good understanding of the issues the members face daily and how they still provide the highest of quality care and services. Rep. Mitchell’s late father was a resident in an LSN member community as well.
A the conclusion of the visit, Jason presented the representative with the Partners in Quality Award, thanking him and his staff for their support of LSN members and for committing to advancing quality in older adult services.

Pictured Above (left to right): Mr. David Steele, Regional Vice President of Christian Homes, Inc., Ms. Pam Rosenkrantz, Administrator of Fair Havens Christian Home, State Representative Bill Mitchell and Jason Speaks of LSN.

We cannot say enough about how beneficial these visits are and we thank all members who have hosted their legislators. Again, the goal is to show them personally what quality care and services look like. If you would like to host a legislative visit, please contact Kirk Riva or Jason Speaks at 217.789.1677 and they will be happy to get a visit scheduled and work to make it a success!

**AARP Report Looks at Payment Sources for HCBS**

AARP recently published a Fact Sheet that reports data on the various payments sources for HCBS.

**Harvard Releases 2011 State of the Nation’s Housing Report**

On June 6, the Harvard Joint Center for Housing Studies (JCHS) released its annual report The State of the Nation's Housing, 2011, which analyzes the trends and issues in the nation's ownership and rental housing markets. One of the striking findings this year -- even as the recession has caused vacancies, foreclosures, and loss of value in the homeownership market and increased demand in the rental housing market -- is that housing is becoming more unaffordable for more Americans regardless of the tenure.

While lack of affordability is expected at the lower end of the income scale for those unassisted by the U.S. Department of Housing and Urban Development (HUD) or RHS programs, the lack of affordability is climbing the income scale (only 25% of Americans eligible for assistance with housing costs actually receive assistance). The fastest growth for those struggling with affordability is among those earning between $45,000 and $60,000, or the middle class.

The JCHS report found that many of the country's lowest-cost rentals are being permanently lost from the stock, largely because the low rents cannot cover the costs of operations and maintenance. Although the rental market increased by 2.6 million rentals, the number of units with rents of $400 or less in 2009 inflation-adjusted dollars fell by...
600,000 units. By 2009, nearly 12% of the low-cost rentals that existed in 1999 had been lost even as the number of renters with very low incomes (below 50% of area median) jumped from 16.3 million to 18 million.

**Silents and Boomers:**
Among other findings, the report projects that the aging baby boomers (born 1946–65) will be one of the major factors impacting housing markets. The growing share of older households is expected to offset, in part, the lower homeownership rates among younger households which are not forming as quickly as they were prior to the recession.

As a matter of preference, the majority of baby boomers are likely to age in place. Still, one third of households aged 65–74 in 2007 reported having moved in the previous 10 years, many to smaller homes. If the older baby boomers match this mobility rate, some 3.8 million would downsize their homes over the coming decade, increasing the demand for smaller units.

The report also documented that the number of pre-boomer (silents) households over age 75 will grow rapidly over the next 10 years, increasing the demand for housing developments that provide appropriate supportive services that will permit seniors to age in place.

**Multi-Tracking: Simultaneous Pursuit Of Financing Options Saves Time, Money**
To multi-track a financing is to research and pursue more than one financing option simultaneously. Multi-tracking can both help borrowers mitigate closing delays and other problems and capitalize on new – or newly appealing financing options. Read more on this strategy in an article provided by Lancaster Pollard & Co.

**Wells Fargo Exits Reverse Mortgage Business**
Wells Fargo & Co. has become the latest lender to stop making controversial home loans known as reverse mortgages. In February, Bank of America Corp. also exited the business. Is this a sign the reverse mortgage business coming to an end? Read the full story as it appeared in the Wall Street Journal.

**Medication Education: “Your Medicine: Be Smart. Be Safe”**
The Agency for Healthcare and Research and Quality (AHRQ) in cooperation with the National Council on Patient Information and Education (NCPIE) have developed a booklet for consumers to use to learn more about how to take medicines safely. This is a great educational topic for your residents or even for a community education program. Up to 10 free copies can be ordered through AHRQ and larger quantities can be purchased from the NCPIE. Instructions for ordering can be found in the booklet “Your Medicine: Be Smart. Be Safe.”

**Job Satisfaction More Important Than Pay For CNAs in Nursing Homes**
Pay plays a relatively small role in a certified nursing assistant's (CNA) decision to stay at or leave a job in a nursing home, according to new research from Rice University, the University of Pittsburgh and Baylor College of Medicine. In a comprehensive study of certified nursing assistants, researchers found that attitudinal factors such as job satisfaction and emotional well-being are better predictors of turnover in long-term care facilities.

While previous studies have found high turnover rates -- between 23 and 36 percent -- in the long-term care industry, this new study found that only 5.8 percent of the workers left the industry and 8.4 percent switched to another facility within a year. "Many of the past studies mix full-time and part-time workers and tend to overestimate the turnover rate in the industry," said Vikas Mittal, co-author of the study and professor of marketing in Rice's Jones Graduate School of Business.
The study, to be published in an upcoming issue of *The Gerontologist*, gives nursing home administrators a better understanding of the work-related factors associated with staff turnover.

"As baby boomers age, it's critical for the U.S. to have a stable, long-term care workforce," Mittal said. "Staff turnover in this industry increases the financial burden of caring for elders and interferes with the quality of care. Through our study we see that to increase the retention of these workers, administrators should address low job satisfaction among employees and provide health insurance."

Mittal and his co-authors identified three distinct groups among the 620 certified nursing assistants they studied: stayers, who were in the same job for the same organization a year after they were first surveyed; switchers, who continued to work at least 30 hours per week as certified nursing assistants but for a different organization a year after they were first surveyed; and leavers, who were no longer in the direct-care industry or left the workforce entirely.

The study found that leavers were more likely than switchers to report physical health problems as their primary reason for leaving their jobs (65.6 percent versus 21.1 percent). Switchers were more likely than leavers to quit their jobs to pursue other opportunities (87.2 percent versus 63.3 percent).

Switchers were similar to stayers in terms of job factors, such as the amount of paid leave and health insurance they received, but differed from them in terms of key attitudinal factors and reported greater emotional distress, lower job satisfaction and less respect for their supervisor. The switchers reported positive outcomes -- lower emotional stress and greater job satisfaction after switching jobs -- even when switching resulted in lower pay. Job satisfaction remained unchanged for stayers.

"Although turnover is undesirable from the nursing home industry’s perspective, it appears to benefit the individual workers," Mittal said. "Even leavers, who are less inclined to this work or physically unable to continue the work, find greater satisfaction."

An online version of the study, "Stayers, Leavers and Switchers Among Certified Nursing Assistants in Nursing Homes: A Longitudinal Investigation of Turnover Intent, Staff Retention and Turnover," can be purchased through *The Gerontologist* website.

Funding for the study was provided by the Jewish Healthcare Foundation of Pittsburgh, the Pennsylvania Department of Labor and Industry, the Heinz Endowments, the University of Pittsburgh Research Council and the National Institute of Nursing Research.

*Source: Medical News Today, June 22, 2011*

**Free Webinar on Reducing Staff Turnover and Boosting Employee Morale**

The Mission of the Advancing Excellence Campaign is to help nursing homes achieve excellence in the quality of care and quality of life for its residents. The LANE or Local Area Network of Excellence is the central organization within a state to support participating nursing homes in achieving their clinical and organizational goals and help the Advancing Excellence campaign succeed. As a LANE member, Life Services Network occasionally receives announcements of educational opportunities sponsored by other LANE’s that might benefit some of its members.

The California LANE invites all nursing homes to join a webinar and telephone conference on “Reducing Staff Turnover and Boosting Employee Morale” this Thursday, June 30, 2011 from 4 to 5:15 p.m. (CT). In order to participate in this free webinar your facility must be a registered participant of the Advancing Excellence Campaign. If unable to participate in this webinar, please consider taking advantage of the numerous free tools and resources available to Advancing Excellence participants.
If you are an Advancing Excellence Campaign participant and would like to participate in the free webinar, you must preregister by clicking here. Enter the required information and click “submit”.

If your facility is not currently enrolled in the Advancing Excellence Campaign, click here to become a member and then follow instructions above for registration for the free webinar.

Questions about this webinar or the Advancing Excellence Campaign may be directed to Cathy Nelson or Lisa Bridwell from the Illinois Quality Improvement Organization, IFMC-IL.

**LeadingAge to Host NSL Wii Bowling Championships**

For the next 3 years, LeadingAge will play host to the National Senior League (NSL) Wii Bowling Championship at the LeadingAge Annual Meeting and Exposition.

NSL is the only national Wii competition dedicated to residents of senior living communities, including several LeadingAge members. Now, the association is the event’s official host and exclusive sponsor through 2013. This year’s championship match will be held on October 18th in Washington, D.C.

"Retirement communities across the country developed Wii bowling leagues to encourage socialization and physical activity among the people they serve,” LeadingAge CEO Larry Minnix said.” We are excited to help our members engage in this league and to have our annual meeting serve as a platform to illustrate that seniors are interested in using technology, building community and having fun. That’s all part of expanding the world of opportunities for aging."

"The majority of our participants live in LeadingAge member communities," National Senior League founder Dennis Berkholtz said. "We developed this strategic partnership to showcase our league and its benefits for participants at America’s largest aging-services conference."

In addition to hosting the championship, LeadingAge will also have a booth at their conference dedicated to educating their members about NSL and recruiting them to participate.

NSL league play runs for 7 weeks followed by 3 weeks of playoffs. The final match is on Oct 18th and will be webcasted to the LeadingAge annual meeting and exhibition and available for viewing over the internet.

**REGISTER NOW!** to participate in the Wii Bowling League. Registration opened June 1st and closes July 20th. League play begins the week of August 1st.

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**This Week at LSN**

**LSN and AANAC to Present Medicare University**

Medicare University is a 3-day intensive seminar designed to meet the needs of clinicians and anyone involved in billing who finds themselves mired in confusing, complex and ever-changing regulations and requirements. The program will be held July 12 – 14 in Naperville.
From admissions to audits, you will be guided through the dos and don'ts to ensure your facility is being reimbursed accurately and your residents are receiving the care they need. Example scenarios, flowcharts, checklists and other tools will help you apply the knowledge you gain in this seminar to real-life situations.

The seminar will cover:
- Introduction to Medicare in a SNF
- The Prospective Payment System in a SNF
- RUG IV
- Medicare Part B Therapy in a SNF
- Medicare Claims Review Programs
- Documentation to Support the Daily Skilled Need
- SNF Management Strategies
- Consolidated Billing
- CB and the Beneficiary Notification Initiative
- CMS Initiatives

Faculty
Judy Wilhide Brandt, RN, RAC-MT, C-NE, Judy Wilhide MDS Consulting, Inc. Judy is one of AANAC’s exceptional Master Teachers for the RAC-CT® workshop and the author of and Master Teacher for AANAC’s newest workshop, Medicare University. Since 2007, she has presented several of AANAC’s RAC-CT® workshops and, since 2009, several Medicare University workshops.

Who Should Attend?
Administrators, DONs, Billing Staff, MDS Coordinators, Regional Reimbursement Corporate Consultants/Managers, RNs, LPNs, and other nurse managers involved in the MDS and Billing.

Online Registration Fees
- AANAC Members $550
- Non AANAC Members $750

For more information or to register today click here.

Employee Retirement Plan Management Webinar Series
Are you responsible for the management of the employee retirement plan at your organization? LSN is offering a four-part webinar series in July and August that will address four separate benefit topics. This series is being presented in partnership with The Assurance Agency and Ungaretti & Harris.

Thursday, July 14, 2011 - Today’s 403(b) Plan – Post 2009 Reform
10:30 – 11:30am, central
This webinar will focus on the requirements of maintaining a 403(b) plan. Attendees of this webinar will obtain a better understanding of your role, as a plan fiduciary, in managing/operating a 403(b). A best practices discussion will take place providing ideas on how to better manage your fiduciary responsibility. Addition topics will include thorough discussion on required reporting and documentation associated with maintaining a 403(b) for both an ERISA based 403(b) plan and a non-ERISA based 403(b) plan.

Who should attend: HR and/or Benefit Administrator, CFO, Controller, and/or anyone who is responsible for the management of a 403(b) plan within your organization.
Thursday, July 28, 2011 - Recent Legislation/Regulation and the Impact on Your Retirement Program
10:30 – 11:30am, central
This webinar will provide an overview of current legislation and regulatory acts affecting company sponsored retirement plans and their plan fiduciaries. You will listen to a discussion on how your plan(s) will need to comply, the impact this new legislation could have on your company and the consequences of non-compliance.

Who should attend: HR and/or Benefit Administrator, CFO, Controller, and/or anyone who is responsible for the management of a 403(b)/401(k) plan within your organization.

Thursday, August 11, 2011 - Church Retirement Plans: A Unique Defined Contribution Retirement Plan Sponsored by Religious Organizations for the Benefit of their Employees
10:30 – 11:30am, central
This webinar is designed for LSN members with a religious affiliation who qualify for a Church Retirement Plan. We will provide an overview of what a church retirement plan is and the benefit of adopting its unique design for a religious organization and/or religious affiliation organization for the benefit of your employees.

Who should attend: HR and/or Benefit Administrator, CFO, Controller, COO, CEO, and/or anyone who is responsible for the management of a 403(b)/401(k) plan within your organization.

Thursday, August 25, 2011 - Benefits for Executives: 457 Plans for Not-for-Profit Organizations
10:30 – 11:30am, central
This webinar will provide information on alternative plan options to help retain, recruit and reward executives of not-for-profit organizations. You will learn what a 457(b) and 457(f) plan is and how adopting these plans can provide additional retirement income savings for their company executives.

Who should attend: HR and/or Benefit Administrator, CFO, Controller, COO, CEO, and/or anyone who is responsible for the management of a 403(b)/401(k) plan within your organization.

Faculty
Richard Cordova, AIF®, CRPS®, Vice President, Assurance Financial Services
Paul B. Holmes, Partner, Employee Benefits & Executive Compensation, Ungaretti & Harris

Online Registration Fees

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For more information or to register today click here.

Webinar: Balancing Quality of Life with Nutrition Management of Residents’ Medical Condition

The challenges of integrating the residents’ quality of life and their right to self-determination with nutrition management of their medical condition, as well as how liberalized diets work will be addressed in this one-hour webinar.
What happened to the 1800 Calorie ADA diet? Is there a return to strict low-sodium diets? What difference will the new US Department of Agriculture MY PLATE have on nutrition choices? Drawing on science-based information from the American Dietetic Association’s Evidence Analysis Library as well as other key resources, instructors will sort through the overwhelming amount of nutrition information and discuss current clinical practice guidelines. They will also briefly review recommendations for diabetes management for some long-term care residents.

**Program Objectives**

- Be familiar with current clinical nutrition practice guidelines for diabetes, hypertension, coronary artery disease and kidney disease
- Know the indications for liberalizing and individualizing diets
- Understand the implications of USDA Dietary Guidelines and MY PLATE
- Discuss how approaches for the management of diabetes may differ in the long-term care resident

**Faculty**

**Ann Engles, RD, LDN,** Vice President & Coordinating Dietitian, Cynthia Chow & Associates  
**Cathy Nelson, RN, MS, LNHA,** Senior Director of Clinical Services at LSN

**Who Should Attend?**
Licensed Nurses in all settings, Food Service Directors, Dietitians, Nutritionists, Dietetic Technicians and/or anyone responsible for managing the dietary needs of residents.

**When?** July 20th from 10:30am – 11:30am

**Online Registration Fees**

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For more information or to register today [click here](#).